

## Why are we going to Parliament?

The Secretary of State for Health, Wes Streeting has said he is committed to a puberty blockers trial and after it received approval from the Research Ethics Committee it was given the go ahead to start recruiting in January 2026 (in practice we understand recruitment is unlikely to begin until April). This will put hundreds of children at risk unnecessarily.

The Government is aware of the potential irreversible impact (physical and emotional) of puberty blockers, having acknowledged an 'unacceptable safety risk' following the Cass Review. Yet, hundreds of children are actively being recruited to be given puberty blockers under a government-sanctioned trial: the PATHWAYS Puberty Blocker Trial.

The Petition to Cancel the clinical trial into puberty blockers & safeguard vulnerable children (started by James Esses) reached over 100,000 signatures in less than 3 days. It should get a Westminster Hall debate.

The call to action is for the Secretary of State for Health, Wes Streeting to stop the trial or at the very least to take the necessary time to think and pause the trial commencement. The answer for children feeling distress can never be medicalisation that can harm brain development, bone growth, sexual function and lead to infertility. There have already been rallies in London and Manchester, and it is likely there will be a legal challenge.

## We are going to Westminster to lobby MPs in person

We want to get as many people as possible to speak to their MP on the same day to make a real impact. All are welcome.

## What is a lobby day?

A lobby day is when people go to Parliament together to speak to their MPs. You write to your MP in advance to tell them you are coming and ask for a meeting.

## What will happen on the day?

We will enter Parliament through the Cromwell Green entrance into Westminster Hall. From there you can go to meet your MP, or 'green card' them if they have not responded to your email in advance.

## What is a Green Card?

'Green carding' is where people collect and fill in a green card to let their MP know that a constituent is in Parliament requesting a meeting. It is a short form which you fill in with your name, address, email and the issue you want to speak to your MP about. If an MP is present in Parliament, by convention if they receive a green card they should meet their constituent.